

## Training –Workshop on Clinical Geriatrics and Gerontology, October 2016

The goal of this workshop is to assist healthcare workers and educators in the implementation of the required inclusion of geriatrics in curriculum of medical and nursing schools. At the end of the workshop, the participants should be able to;

1. Recognize the Comprehensive Geriatric Assessment (CGA) as an essential tool in the system-based delivery of healthcare for older persons
2. Understand their role in the general assessment, care coordination, and improvement of quality of care and outcomes of older persons
3. Demonstrate the application of the CGA in developing a plan of care for an older patient

### What is a CGA?

The Comprehensive Geriatric Assessment or CGA is "A multidisciplinary evaluation in which the multiple problems of older persons are uncovered, described, and explained, if possible, and in which the resources and strengths of the person are catalogued, need for services assessed, and a coordinated care plan developed to focus interventions on the person's problem" (Solomon D, Brown AS, Brummel-Smith K, et al. 1988)

### Speakers and Facilitators

Shelley Ann F. de la Vega , MD, MSc  
Maria Stella T. Giron, MD, PhD  
Doris Mariebel Camagay, MD, MHA  
Jose Alvin Mojica, MD, FPCGM  
Marc Evans Abat, MD, FPCGM  
Deana S. Ringor, MD, FPCGM  
Dorothy DyChing Bing-Agsaoay, MD  
Josephine Agapito, DrPH  
Ma. Salome N. Vios, MD  
Araceli O. Balabagno, PhD, RN  
Lydia T. Manahan, PhD, RN  
Gayline Manalang, Jr., MOH, PTRP  
Elizabeth Limos, RND  
Consuelo Orense, RND  
Michelle Anlacan, MD  
Irewin Tabu, MD  
Thelsa Biolena, CESO III  
Ma. Socorro E. Ignacio, RND, DrPH

**Registration Fee:** DAY 1 and 2 (A or B)

Discounted price: **PhP 2,000.00** per person  
(minimum of 20 participants per Institution/Organization)

Early bird individual: (before September 30,2016)  
**PhP 2,500.00** per person

Onsite: **PhP 3,000.00** per person

Day 2A: limited slots for 40 participants only  
Day 2B: 100 participants only

You may deposit your registration fee under  
**Philippine National Bank**  
**(Peso Current Account No. 384-564-4000-17)**  
w/ acct. name

**UP MANILA DEVELOPMENT FOUNDATION, INC.**

Kindly email your scanned bank deposit slip to  
**nih-ia@post.upm.edu.ph**

*For inquiries, you may reach us thru*

### Institute on Aging

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### The Institute on Aging National Institutes of Health UP Manila

*in collaboration with the*  
**Philippine Council for Health Research and Development  
& Philippine General Hospital**  
*presents this*

## Training-Workshop on CLINICAL GERIATRICS and GERONTOLOGY for Healthcare Professionals and Educators

**October 24-25, 2016**

**8:00 am to 4:00 pm**

**8th Flr. Social Hall**

**Philippine General Hospital  
Taft Avenue, Manila**

## PROGRAM AT A GLANCE

	DAY 1 (October 24, 2016) Social Hall, 8 <sup>th</sup> Flr. PGH	DAY 2A (October 25, 2016) Conference Rm, 3rd Flr. Outpatient-PGH	DAY 2B (October 25, 2016) Social Hall, 8 <sup>th</sup> Flr. PGH
	Overview	Comprehensive Geriatric Assessment <i>(Only for faculty members of medical, nursing, and allied medical professional schools )</i>	Common Problems and Geriatric Syndromes in the Community and Out-patient
7:30-8:00 am	Registration	Registration	Registration & Pretest
8:00-8:30 am	Opening ceremonies Invocation Pambansang Awit Welcome Remarks <i>Dr. Agnes Mejia– Dean, UP College of Medicine</i> Message from the Chancellor <i>Chancellor Carmencita D. Padilla– UP Manila</i>	Anthropometric measurements <i>Ms. Consuelo Orense, RND</i> <i>Senior Science Research Specialist</i> <i>Food and Nutrition Research Institute</i>	Management of nutritional problems in the elderly  <i>Ma. Socorro Ignacio, RND, DrPH</i> <i>Dept. of Nutrition, College of Public Health UPM</i>
8:30-8:45 am	Pretest	2A.1 (1 <sup>st</sup> Flr)	
8:45-9:30 am	Assessment of the older patient: Comprehensive geriatric assessment (CGA) Elements of CGA Role of CGA in care coordination Application of CGA  <i>Dr. Shelley Ann de la Vega</i> <i>Director, Institute on Aging, NIH</i> <i>Professor, College of Medicine</i> <i>UP Manila</i>	Gait, Balance Assessment, and Functional Assessment (Time Up and Go Test, Functional reach) <i>Dr. Dorothy Agsaoay</i>  Physical and neurological exams <i>Dr. Deana Ringor</i>	Management of dementia and depression  <i>Dr. Michelle Anlacan</i> <i>Consultant, Dept. of Neurosciences UP PGH</i> <i>Clinical Associate Professor, UP College of Medicine</i>
9:30-10:00 am	Common Syndromes of Older Persons <i>Dr. Deana S. Ringor</i> <i>Phil. College of Geriatric Medicine</i>		
10:00-10:30 am	Communication Problems with Older Persons Communicating with the Older Persons  <i>Lydia T. Manahan, RN, PhD</i> <i>Professor, College of Nursing UPM</i>	Interview and Return Demonstration  <i>Participants and Facilitators</i>	Management and prevention of falls and fractures <i>Dr. Irewin Tabu</i> <i>Clinical Associate Professor, UP College of Medicine</i> <i>Dept. of Orthopedics UP PGH</i>
	Snack		Snack
10:30-11:00 am	Nutritional Assessment  <i>Ms. Elizabeth Limos, RND</i> <i>Dietary Service Dept, UP PGH</i>		Recognizing, reporting, and preventing elder abuse <i>Dir. Thelsa B. Biolena</i> <i>Department of Social Welfare and Development</i>
11:00-11:30 am	Gait, Balance, and Functional Status Assessment <i>Jose Alvin Mojica, MD, MHPed</i> <i>Chair, Dept. of Rehabilitation Medicine– UP PGH</i> <i>Professor, UP College of Medicine</i>	Case discussion  <i>Participants</i>	Post test  Awarding of certificates  <i>*Day 2B participants may attend the 2A case presentation</i>
11:30-12:00 nn	Physical and Neurologic Examination  <i>Dr. Marc Evans Abat</i> <i>Dept. of Medicine-UP PGH</i> <i>Clinical Associate Professor, UP College of Medicine</i>		
12:00-1:00 pm	Lunch break	Lunch symposium Social Hall, 8th Flr. PGH	
1:00-1:30 pm	Mental Health of Older Persons  <i>Dr. Salome Vios</i> <i>Professor, UP College of Medicine</i>	Case presentation	
1:30-2:15 pm	Socioeconomic Status and Environmental Characteristics RA 9994 Expanded Senior Citizens Act of 2010  <i>Josephine Agapito, DrPH</i> <i>Associate Professor, College of Arts and Sciences UPM</i>	WORKSHOP FACILITATORS  <i>10 Speakers</i> <i>Dr. Dorothy DyChing Bing-Agsaoay</i> <i>Clinical Associate Professor, UP College of Medicine</i> <i>Dept. of Rehabilitation Medicine– UP PGH</i>	<i>5 PCGM Geriatricians</i> <i>Prof. Gayline Manalang</i> <i>Asst. Professor, College of Public Health UPM</i> <i>Araceli O. Balabagno, RN, PhD</i> <i>Professor, College of Nursing UPM</i>
2:15-2:45 pm	CGA in Research  <i>Dr. Maria Stella T. Giron</i> <i>Research Faculty, Institute on Aging NIH-UPM</i>		
2:45-3:15 pm	CGA Plan of Care  <i>Dr. Doris Mariebel Camagay</i> <i>President, PCGM</i> <i>Clinical Associate Professor, UP College of Medicine</i> <i>Consultant, Dept. of Family Medicine UP PGH</i>	Awarding of certificates Closing remarks	  <i>Dr. Eva Maria Cutiongco-Dela Paz</i> <i>Executive Director, National Institutes of Health</i> <i>Vice Chancellor for Research, UP Manila</i>
3:15-3:30 pm	Post test		
3:30-3:50 pm	Snack		
3:50-4:00 pm	Group photo		