



**UNIVERSITY OF THE PHILIPPINES MANILA**  
**Office of the Vice Chancellor for Research**  
**National Institutes of Health**

**INSTITUTE ON AGING**  
**Active Aging Determinants in a University Campus**  
*University of the Philippines Wellness Initiative for Seniors and Elders (UPWISE)*

NIH Centennial Conference Room  
29 October 2019  
2:00 PM-4:00 PM

**PROGRAMME**

1:45-2:00 PM	<b>Registration</b>	
2:00-2:15 PM	<b>Opening Ceremonies</b>	
	Invocation	<b>Hannah M. Pellejo, PTRP</b> <i>Research Assistant II, UPWISE</i>
	National Anthem	
	Welcome Remarks	<b>Eva Maria Cutiongco- De la Paz, MD, FPPS</b> <i>Vice Chancellor for Research, UP Manila</i> <i>Executive Director, NIH</i>
2:15-2:30 PM	University of the Philippines Wellness Initiative for Seniors and Elders (UPWISE): Program Overview	<b>Shelley Ann F. de la Vega, MD, MSc</b> <i>Director, Institute on Aging</i> <i>Program Leader, UPWISE</i>
2:30-3:00 PM	UPWISE Study Results Campus 1 Health and Behavioral Determinants	<b>Maria Stella T. Giron, MD, PhD</b> <i>Study Leader, UPWISE Project 2</i> <i>Research Faculty, Institute on Aging</i>
3:00-3:30 PM	Social, Economic and Physical Determinants	<b>Shelley Ann F. de la Vega, MD, MSc</b> <i>Director, Institute on Aging</i> <i>Program Leader, UPWISE</i>
3:30-3:50 PM	QOL and Frailty	<b>Shelley Ann F. de la Vega, MD, MSc</b> <i>Director, Institute on Aging</i> <i>Program Leader, UPWISE</i>
3:50-4:15 PM	Open Forum	
4:15 PM	Awarding of Certificates Group photo	

**Angely P. Garcia, RN, MPH**  
Master of Ceremony